

BUNJIL — PLACE —

Postdining

Food Technology



Food technology

Technology designed to increase the effectiveness of food production, harvest, preparation, and waste disposal.



What is your favourite food?

Preparation

Harvest









Waste

Cooking







Food Waste

We currently waste 7.3 million tonnes of food each year!

(that's enough to fill 13,000
Olympic sized swimming pools!)



OR 1 in 5 shopping bags end up in the bin!





Food waste feeds climate change...



8-10%

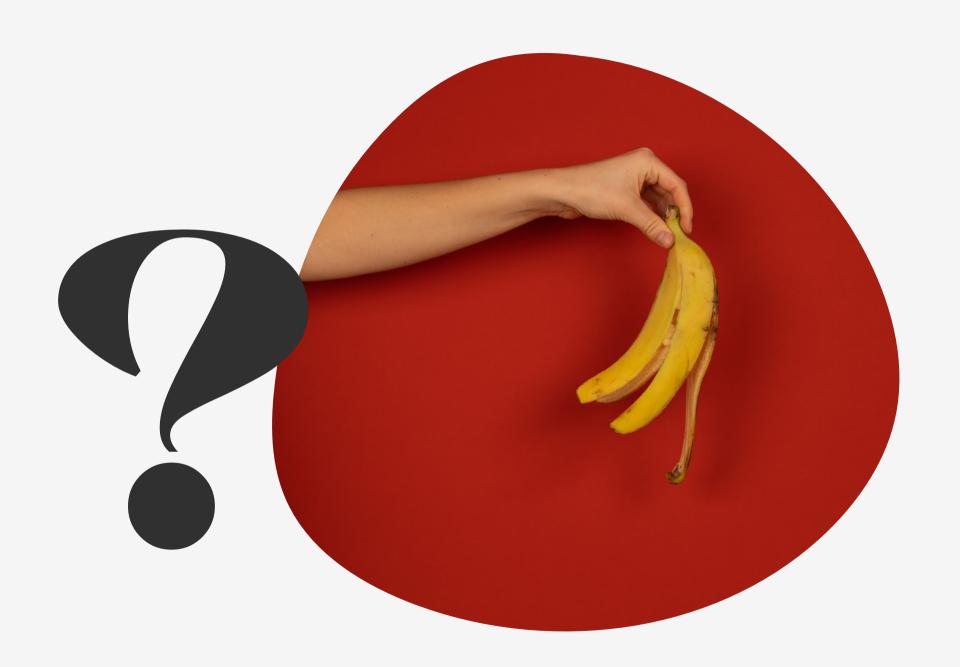
of global greenhouse gas emissions come from food waste

How can food technology reduce food waste?











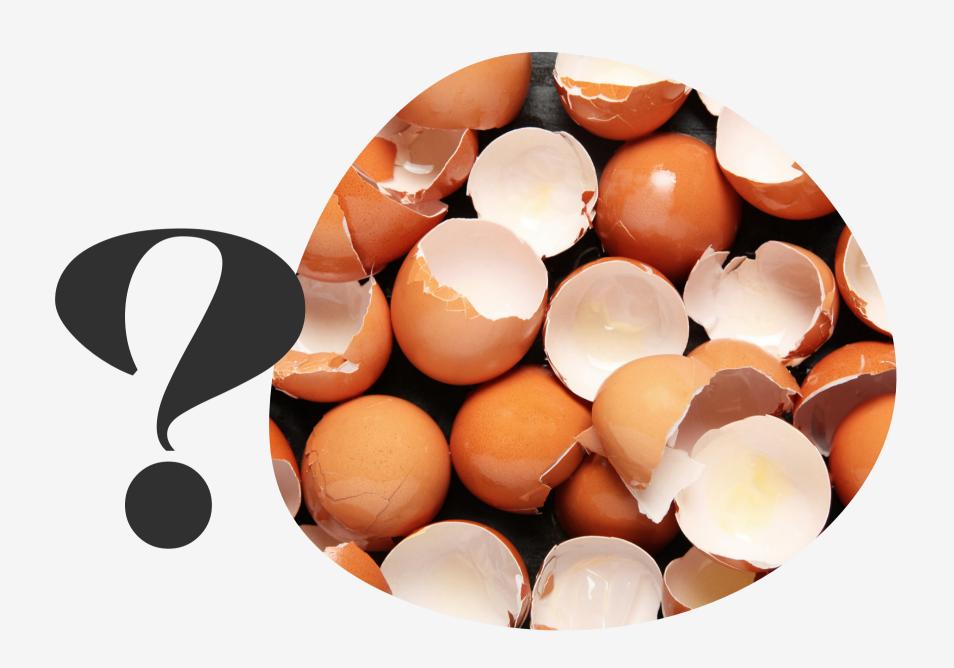
Why eat Scraps?

Apart from saving the environment - fruit and vegetable scraps are very high in nutrients...

"Sometimes the best nutrients are found in the skin, just below the skin or in the leaves"



https://www.betterhealth.vic.gov.au/health/healthyliving/fruit-and-vegetables





Why compost?



It's Nature's Natural Recycling!

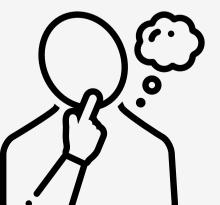
This is a natural process where organic material decays with help from microorganisms such as bacteria, worms and fungi. Composting recycles food scraps into fertiliser to help grow new plants.





Activity

In table groups, find 3 ways you can reduce waste in your own homes. Write these on your worksheets.



Optional Activity

"Create" more celery from scraps

Place celery bottoms in a glass of water - leave on the windowsill in the sun and watch the tops re-grow!

